



VIDYA BHAWAN, BALIKA VIDYAPITH

SHAKTI UTTAN ASHRAM LAKHISARAI 811311

LEARNING MATERIALS AND ASSIGNMENT 2020-21

Date:- 07/06/2020

Sub:- E.V.S

Day:- Sunday

Ch:- 05

Sub T:- Rina kri

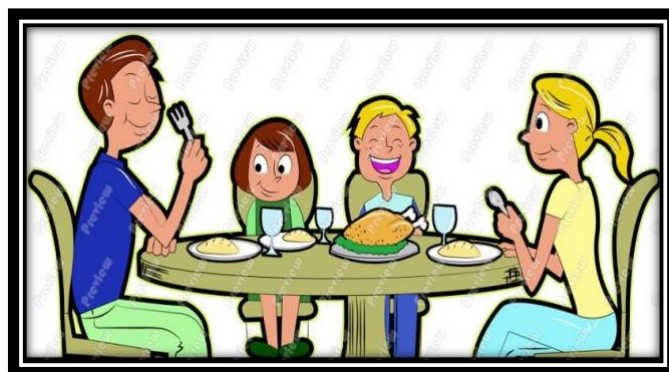
Class:- 2 A+B

OUR FOOD



We eat lunch in the afternoon. It is the second meal of the day. Generally people take chapatis, rice, pulses, vegetables, curd, salad, fish, meat, soup etc. In their lunch.

We take dinner at night. It is usually the last meal of the day. We should eat light meal in our dinner. Usually we take chapatis, rice, pulses, vegetables etc in our dinner.



H.W

Make a list of food item which are eaten raw and which are eaten cooked.

<i>Eaten raw</i>	<i>Eaten cooked</i>
<i>Onion</i>	<i>Rice</i>
<i>Cucumber</i>	<i>Pulses</i>
<i>Carrot</i>	<i>Chapatis</i>
<i>Tamato</i>	<i>Curd</i>
<i>Apple</i>	<i>Fish</i>